

5 Time Management Strategies for Being a Better You

Managing time may sound easy, but the fact is, it can be quite challenging. The main challenge we all face managing our time is simply taking control of it.

Are you swamped with distractions in your workplace, at home, and even from old habits that leave events, people, and circumstances controlling your time? This session will briefly introduce strategies and techniques to help you be the BEST you.



Dr. Deborah Johnson-Blake
ABWA 2021 American
Business Woman

Dr. Deborah “Dr. DJ” Johnson-Blake is the CEO of The Writing Pad, LLC, a writing, editing, and consulting firm focusing on proofreading, editing, and customized writing. She is an award-winning assistant professor at Liberty University. Dr. DJ is the 2021 American Business Woman and a 2021 Top Ten Business Woman of ABWA. She is the Immediate Past President and 2019 Woman of the Year for the American Business Women’s Association Douglas County Charter Chapter. She is a certified time management and life coach and conducts an individual 8-session time management coaching program.

Dr. DJ is a best-selling author and her recent book is entitled, *52 Time Management H.A.C.K.S.: Hacking Actions to Conquer and Kick Time Setbacks*. Her latest publication is *Being the Best You: Intentional Journaling and Planning to Take Back Your Time*. You may order autographed copies directly from her website. Dr. Johnson-Blake provides weekly time management tips every Tuesday on social media. Please support and follow Dr. Deborah Johnson-Blake on social media at @djohnsonblake. Visit www.deborahjohnsonblake.com to learn more.

WEDNESDAY, JUNE 9, 2021

6:30 TO 8:00 P.M. MEETING / PROGRAM

THIS WILL BE A ZOOM MEETING – PLEASE REGISTER AT WWW.NOVI-ABWA.ORG

NO COST TO ATTEND

THE AMERICAN BUSINESS WOMEN’S ASSOCIATION WELCOMES ALL WOMEN AND MEN AS MEMBERS. WWW.ABWA.ORG.
QUESTIONS? E-MAIL CHAPTER PRESIDENT MARCIA GREEN AT NOVIOAKSABWA@GMAIL.COM