

find unity in  
COMMUNITY



Kay Fittes

## Kick Your Success Roadblocks to the Curb

by Kay Fittes, CEO  
High-Heeled Success, LLC



***There are enough external roadblocks for women in the workplace, you don't want to be part of the problem. You will walk away with skills to manage your perfectionism; manage your visibility; and manage your time vampires.***

For career-oriented women who struggle with letting go of behaviors that hold back their careers, Kay Fittes shows simple ways to experience career breakthroughs! As CEO of High Heeled Success, LLC, Ms. Fittes uses an insight to action approach, to take audience and workshop participants through an evolutionary, chameleon-like experience. Her programs present a cornucopia of strategies to audiences for taking career-changing steps in their professional lives.

Kay has served as a consultant and presenter to the business, medical and educational communities providing programming to such diverse groups as Proctor & Gamble, Deloitte, Fidelity, Children's Hospital, and the Ohio Department of Education.

Kay Fittes is the author of *Achieving High-Heeled Success: 50 Ways for Career-Oriented Women to Succeed*; *How to Raise Your Self-Esteem: An Action Guide for Women*; *Your Guide to Life-Changing Presentations*; *Go Ahead and Laugh: A Serious Guide to Speaking with Humor*; Co-Author of *Work Made Fun Gets Done* and is the creator of the CD *Panic to Power: Swift and Simple Speaking Strategies Anyone Can Use*.

Kay's Blog: <http://blog.highheeledsuccess.com> and website: <https://www.highheeledsuccess.com/>

## Wednesday, March 12, 2025

6:00 P.M. NETWORKING & DINNER | 6:30 P.M. MEETING / PROGRAM

**PLEASE REGISTER AT [WWW.NOVI-ABWA.ORG/EVENTS](http://WWW.NOVI-ABWA.ORG/EVENTS)**

**\$22 WITH DINNER / \$10 WITHOUT DINNER / \$5 VIA ZOOM**

**CITY OF NOVI CIVIC CENTER – ACTIVITIES ROOM**

**45175 W. TEN MILE ROAD, NOVI, MICHIGAN (WEST OF NOVI ROAD)**

THE AMERICAN BUSINESS WOMEN'S ASSOCIATION WELCOMES ALL WOMEN AND MEN AS MEMBERS. [WWW.ABWA.ORG](http://WWW.ABWA.ORG).  
QUESTIONS? E-MAIL PROGRAM CHAIR MARCIA GREEN AT [NOVIOAKSABWA@GMAIL.COM](mailto:NOVIOAKSABWA@GMAIL.COM)



**Novi Oaks Charter Chapter**