



Resolve Team Tension: Communication Tools for the Conflict-Averse Leader

By Kelly Whitaker



People often avoid conflict because they feel insecure about what will happen once they address it.

They will bend over backwards to find alternate solutions: more meetings, sternly worded emails, leadership books, or team bonding seminars - just to keep from looking the issue in the eye and addressing it directly and finding a solution that sticks. Ignored conflicts grow resentment and defensiveness, and ultimately keep your team from reaching their true, awesome potential.

IN THIS HIGHLY INTERACTIVE PRESENTATION, PARTICIPANTS WILL LEARN:

- Eye-opening techniques to identify the root of the issue and strategize effective and immediate problem solving through direct and constructive communication.
- Best-practices for how to open and conduct the conversation in a constructive way to generate buy-in and result in a healthy and positive work culture.
- **7 Keys to Communicating with Ease**, designed to embody a tone of clarity and confidence, to lower your stress level and level-up productivity, collaboration, and growth.

Kelly Whitaker is the head of Kelly Convos. She helps conflict-averse individuals build powerful communication skills to confidently and compassionately conduct difficult conversations. She draws on her experience as a tour guide, fundraiser, event planner, Disaster Response trainer, recruiter, and actor, blended with the desire to empower people to problem solve within their own lives and take the fear out of communication.

Kelly is educated by the Inner Glow Circle, an ICF-certified coaching accreditation program, and a proud graduate of the 2022 Leaders Rising Cohort. Visit kellyconvos.com.

Wednesday, March 13, 2024

6:00 P.M. NETWORKING & DINNER | 6:30 P.M. MEETING / PROGRAM

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