



# Shift Your Mindset

*Cultivate, Embrace, and Demonstrate Resiliency*



LINDA HANNAH

Linda Hannah takes you on a journey through figurative hats as she talks about the various types that we all wear as we navigate life's challenges. Learn how to enhance life choices to be your best self and overcome a hindering mindset. Navigate through perceptions and emotions to amplify strength and courage. Eliminate the "no-time" syndrome and embrace a self-care regimen that energizes your soul.

With a background as a hat designer and the founder of Hat Moments, Linda Hannah has educated and entertained audiences about the history of hats across various organizations and venues. She also has a unique way of blending what different "hats" mean in life with the way we think, and she speaks to inspire and encourage.

Linda is a contributing writer in the Anthology, *A Widow's Resilience*. Having experienced wearing a Hat of Loss and later, a Hat of Resiliency, she shares how we can change our hats to calm the soul and have a better outlook.

Linda is a Sr. Contracts Analyst for ITC Holdings Corp. She is also the 2022 winner of the Toastmasters Division D International Speech Contest and 3rd finisher of District 28. She can be contacted at [lindahannahspeaks@gmail.com](mailto:lindahannahspeaks@gmail.com) or 248.426.HATS.

**WEDNESDAY, AUGUST 10, 2022**

6:00 DINNER / NETWORKING IN PERSON | 6:30 P.M. MEETING / ZOOM / PROGRAM

**PLEASE REGISTER AT [WWW.NOVI-ABWA.ORG/EVENTS](http://WWW.NOVI-ABWA.ORG/EVENTS)**

\$20 TO ATTEND IN PERSON (INCLUDES DINNER) | \$5 TO ATTEND VIA ZOOM

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THE AMERICAN BUSINESS WOMEN'S ASSOCIATION WELCOMES ALL WOMEN AND MEN AS MEMBERS. [WWW.ABWA.ORG](http://WWW.ABWA.ORG).  
QUESTIONS? E-MAIL PROGRAM CHAIR MARCIA GREEN AT [NOVIOAKSABWA@GMAIL.COM](mailto:NOVIOAKSABWA@GMAIL.COM)



**Novi Oaks Charter Chapter**